

## INDEMNITY & RELEASE FORM

THIS AGREEMENT INCLUDES A RELEASE OF LIABILITY AND WAIVER OF LEGAL RIGHTS AND DEPRIVES YOU OF THE RIGHT TO SUE THE LADY KHAMA CHARITABLE TRUST ("LKCT") AND OTHER PARTIES. DO NOT SIGN THIS AGREEMENT UNLESS YOU HAVE READ IT IN ITS ENTIRETY.

TEAM NAME: \_\_\_\_\_

I, the undersigned, with my details provided below, acknowledge, understand, and agree to the following terms & conditions that apply to my participation in the Lady K. Trail RUN.

- I am aware of the potential dangers of participating in the Lady K. Trail RUN, including serious injury and/or death. We agree and acknowledge that we should not participate unless we are medically fit and able to do so.
- We agree to abide by any instructions given by Lady K. Trail RUN marshals and/or LKCT personnel regarding my continued participation should they cite my safety as an immediate concern.
- We agree and undertake to follow all safety rules, regulations & procedures in relation to my participation in the Lady K. Trail RUN.
- We hereby indemnify the LKCT, its trustees, employees, servants, agents or volunteers, and all persons associated with the Lady K. Trail RUN, against all claims of whatsoever nature and howsoever arising, and whether in respect any harm, injury, liability, death, loss, or damage of any kind suffered, and whether such claims arise out of any act or omission and/or the negligence of any of the persons aforesaid.
- I authorize the use by the LKCT, their sponsors and/or representatives, of any photographs, motion picture recordings or any other record of the Lady K. Trail RUN for any legitimate purpose. I declare that we are 18 years old or above, or, that I have sought and obtained parent's/guardian's consent for their participation in the Lady K. Trail RUN.
- This indemnity is binding on my heirs and assigns.
- In the event that any participant in the team list is a minor, I sign this indemnity on behalf of such minor.

<b>NAME:</b>
<b>ORGANISATION:</b>
<b>TITLE / POSITION:</b>
<b>SIGNATURE:</b>
<b>DATE:</b>